

GOVERNMENT OF ARUNACHAL PRADESH
OFFICE OF THE SECRETARY (EDUCATION)
CIVIL SECRETARIAT::BLOCK-IV::5TH FLOOR::ROOM NO. 11
ITANAGAR :: 791111.

NO. SECY/EDU-04/2019/068-081

Dated Itanagar, the 15th Mar, 2019.

CIRCULAR

Sub : Daily Routine For all Govt. Boarding schools in the State of Arunachal Pradesh

Different kinds of Govt. Boarding schools are functioning under Department of Education, Govt. of Arunachal Pradesh viz Govt. Model Residential Schools under Chief Minister Adhunik Pathshala Yojana, Hostels under School Directorate, Residential Schools and Kasturba Gandhi Balika Vidyalayas (KGBV).

However, so far there is no uniformity in the Daily Routine followed by them. Therefore, for effectiveness, better monitoring & outcome and in the interest of School Education, a uniform schedule for Daily Routine during 1st term, 2nd term and Sunday / Holidays respectively is annexed herewith to be followed by all concerned in letter & spirit with effect from new academic session i.e., 01.04.2019 hereinafter.

Encl : As above

Madhu Rani Teotia
15.3.19

(Dr. Madhu Rani Teotia, IAS)
Secretary (Education) cum SPD-ISSE
Govt. of Arunachal Pradesh
Itanagar.

Dated Itanagar, the 15th Mar, 2019.

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Copy to:

1. Commissioner to Hon'ble Governor, Arunachal Pradesh for kind information
2. Secretary to HCM, Arunachal Pradesh, Itanagar for kind information.
3. Secretary to HDCM, Arunachal Pradesh, Itanagar for kind information.
4. PS to Hon'ble Minister (Education), Arunachal Pradesh, Itanagar for kind information.
5. PS to All Ministers, Arunachal Pradesh, Itanagar for kind information.
6. US to Chief Secretary, Govt. of Arunachal Pradesh, Itanagar for kind information.
7. Commissioner SJETA with a request to adopt the same routine in all Eklavya Model Residential Schools as well.
8. Secretary (Finance / Planning / DoTCL) for kind information.
9. The PA to Secretary (Education) for information.
10. Director, Secondary Education / Elementary Education / Jt Director (SCERT) / DSPD-ISSE, Arunachal Pradesh, Itanagar for information and necessary action.
11. All the Deputy Commissioners for kind information and necessary action .
12. Under Secretary (Education) for kind information.
13. All the DDSEs for information and further necessary action and to ensure strict compliance.
14. Office copy.

Madhu Rani Teotia
Secretary (Education)
Govt. of Arunachal Pradesh
Itanagar.

For all Govt. Boarding schools in the State of Arunachal Pradesh viz Govt. Model Residential School under Chief Minister Adhunik Pathshala Yojana, Hostels under School Directorate, Residential Schools and Kasturba Gandhi Balika Vidyalayas, KGBVs)

DAILY ROUTINE : FIRST TERM (SUMMER - Apr to Sep)

Note : All the 8 (eight) periods should be of 40 minutes each.

S. NO.	ACTIVITY	TIME
1	Wake up & Ablutions	05:00 AM
2	Morning PT / Yoga	05:30 to 06:30 AM
3	Bath & Change	06:30 to 07:15 AM
4	Breakfast & Ready for School	07:15 to 07:45 AM
5	Assembly Bell for School	07:50 AM
6	Assembly (Prayer, Pledge, Daily NEWS reading, Thought of the Day and National Anthem) and Roll Call	07:55 AM
7	1st Period	08:10 to 08:50 AM
8	2nd Period	08:50 to 09:30 AM
9	3rd Period	09:30 to 10:10 AM
10	4th Period	10:10 to 10:50 AM
11	Break	10:50 to 11:00 AM
12	5th Period	11:00 to 11:40 AM
13	6th Period	11:40 to 12:20 PM
14	7th Period	12:20 to 01:00 PM
15	8th Period	01:00 to 01:40 PM
16	Lunch & Rest	01:40 to 03:00 PM
17	Supervised Study / Remedial Classes / Homework	03:00 to 04:00 PM
18	Games Time & Roll Call	04:00 to 05:15 PM
19	Bath & Change	05:15 to 05:45 PM
20	Tea & Snacks	05:45 to 06:00 PM
21	Supervised study in Class Room	06:00 to 08:00 PM
22	Dinner	08:00 to 08:30 PM
23	Counselling/Story Telling by Teachers, Warden and Roll Call	08:30 to 09:00 PM
24	Zero Hour / TV NEWS & Entertainment / Self Study	09:00 to 10:00 PM
25	Lights Off / Good Night	10:00 PM

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